



# Trauma-informed Economic Empowerment

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DOMESTIC VIOLENCE LAW CLINIC | GENDER JUSTICE WORKSHOP





## This project aims to:

- **RE-IMAGINE**

Help re-imagine financial empowerment programs to integrate a holistic approach. Decenter financial “know-how” and focus on healing the emotional, psychological, and systemic effects of trauma on survivors.

- **EDUCATE & NORMALIZE**

Educate the public about financial trauma and normalize it.

- **INVITATION TO TAKE ACTION**

Continue developing and/or integrating these concepts in your role as advocate, provider of financial wellness services, and leader in your community.




## This training is for:

- Advocates, policymakers, and/or providers of financial wellness services.
- People who want to learn about how trauma-informed approaches can benefit vulnerable populations.
- People interested in learning about the dynamics of financial abuse and pathways to healing.



## Land Recognition

**We acknowledge that our work takes place on Tohono O'odham Nation homelands and the lands of the Pascua Yaqui Tribe. We would like to pay respect to the Elders past, present, and emerging, acknowledging them as the traditional custodians of knowledge for these places.**





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  - C. Financial PTSD and the Scarcity Mindset
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